

THE *Parent's Place*

EDUCATION, CONSULTATION...INSPIRATION!

PARENTING ADHD SUCCESSFULLY

HELPING PARENTS FACE
THE UNIQUE CHALLENGES
OF ADHD WITH
CONFIDENCE!

FOR UPCOMING DATES AND TIMES,
WWW.THEPARENTSPPLACE.COM

This course is facilitated by:

Mika Gross, M.S., founder,
owner, and lead educator at The
Parent's Place.

Amy Glendening, LCPC,
a licensed child and adolescent
therapist and behavioral
intervention specialist for USD
259.



This one time 3-hour
course is offered
monthly.

Participants Will:

- ✓ Understand what ADHD is and how it affects your child's short & long-term development
- ✓ Envision what good support to children with ADHD looks like day-to-day
- ✓ Manage ADHD symptoms in family life
- ✓ Respond well to issues that develop with peers and in social and academic environments
- ✓ Learn key behavioral management strategies for many different situations
- ✓ Coordinate effectively with your providers and school staff